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### IN THE SPECIFICATION

Page 1, lines 7-12 have been amended as follows:

Fig. 1 of the drawings illustrates a conventional pull exerciser. The pull exerciser includes two handles 1, two belts 2, and a resilient cord 3. The respective ~~belt 2 cord 3~~ extends through a through-hole 11 of the respective handle 1. ~~The 11, with~~ two ends of the respective belt 2 ~~being are~~ sewn together by sewing lines 21 to form an engaging section 22 with an engaging hole 23 for securely fixing an end of the respective cord 3 through use of an attachment member 4.

Page 1, line 13 through page 2, line 7 have been amended as follows:

As illustrated in Fig. 2, the respective attachment member 4 includes a collar 41 and a washer 42. A cylindrical body 412 of the collar 41 extends through the engaging hole 23 of the respective belt 2. ~~An , with an~~ annular extension 411 ~~extending extends~~ radially outward from an end of the cylindrical body 412 and ~~abutting abuts~~ against an outer side of the engaging section 22. The washer 42 is mounted to an inner side of the engaging section 22. The other end of the cylindrical body 412 is processed to form an annular curled portion 413 to thereby fix the attachment member 4 to the engaging portion 22. An end of the resilient cord 3 is extended through the cylindrical body 412 of the collar 41, with a stop 31 being inserted into the end of the resilient cord 3. A tubular member 32 is mounted around the end of the resilient cord 3. ~~An , with an~~ end of the tubular member 32 ~~being is~~ securely sandwiched between the cylindrical body 412 of the collar 41 and a section of the cord 3 ~~[[2]]~~ in the engaging hole 23 of the belt 2. The stop 31 prevents the end of the resilient cord 3 from passing through the engaging hole 23 of the belt 2, thereby preventing the resilient cord 3 from disengaging from the attachment member 4. The respective attachment member 4 is made of metal to provide sufficient strength for retaining the respective end of the resilient cord 3 in place. However, the procedure for fixing the respective end of the resilient cord 3 is troublesome and time-consuming. Further, the metal attachment 4 is apt to rust and be damaged while increasing the manufacturing cost for the pull exerciser.

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Page 5, lines 6 and 7 have been amended as follows:

Fig. 9 is an exploded perspective view an attachment member and an engaging member ~~[[of]]~~ used in the pull exerciser in Fig. 8.

Page 5, lines 9-17 have been amended as follows:

Referring to Figs. 3 and 4, a pull exerciser 5 in accordance with the present invention generally ~~comprises~~ includes a handle 6, a belt 7, an attachment member 8, and a resilient cord 9. As illustrated in Fig. 5, the attachment member 8 includes a tubular portion 81 on an end thereof and a loop portion 82 on the other end thereof. An engaging hole 811 is defined in the tubular portion 81 and preferably communicates with a space delimited by the loop portion 82. Preferably, the loop portion 82 has a hole 821, which will be described later. The attachment member 8 can be made of a plastic material by, e.g., injection molding and, thus, has a low ~~[[lost]]~~ cost.

Page 5, lines 18-20 have been amended as follows:

The belt 7 is extended through the through-hole 61 of the handle 6 and the loop portion 82 of the attachment member 8. Two ends 73 and 74 of the belt 7 are then sewn together by sewing lines 71, forming a loop 72.

Page 5, line 21 through page 6, line 19 have been amended as follows:

Referring to Fig. 4, an end 90 of the resilient cord 9 is extended through the engaging hole 811 of the tubular portion 81 of the attachment member 8 until a distal portion of the end 90 of the resilient cord 9 is located in the space delimited by the loop portion 82 of the attachment member 8. A stop 91 is inserted into the end 90 of the resilient cord 9 via the distal portion of the end 90 of the resilient cord 9. A sleeve 92 is mounted around the end 90 of the resilient cord 9. The end 90 of the resilient cord 9 having the stop 91 embedded therein and the sleeve 92 are then inserted into the engaging hole 811 of the tubular portion 81 of the attachment member 8. It is noted that the stop 91 includes a relatively smaller end 911 distal to the distal portion of the end 90 of the resilient cord 9 and a relatively larger end 912 adjacent to the distal portion of the end 90 of the resilient cord 9. It is further noted that the overall outer diameter of the relatively larger end 912 of the stop 91, the end 90 of the resilient cord 9, and the sleeve 92 is greater than an

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inner diameter of the engaging hole 811 of the attachment member 81. This prevents the end 90 of the resilient cord 9 from disengaging from the attachment member 8 when the user uses the pull exerciser 5 and applies a pulling force that would cause the attachment member 8 and the resilient cord 9 to move in opposite directions. This is because a section of the sleeve ~~[[82]]~~ 92 is securely sandwiched between the end 90 of the resilient cord ~~[[90]]~~ 9 and an inner periphery delimiting the engaging hole 811 of the attachment member 8. Nevertheless, the overall outer diameter of the relatively smaller end 911 of the stop 91, the end 90 of the resilient cord 9, and the sleeve 92 is smaller than an inner diameter of the engaging hole 811 of the attachment member 81. The resilient cord 9 and the sleeve 92 may be made of, e.g., rubber and, thus, have excellent stretchability.

Page 7, lines 1-10 have been amended as follows:

Fig. 8 illustrates another exemplified embodiment of the pull exerciser. In this embodiment, the pull exerciser 5 includes a handle 6, a belt 7, two attachment members 8, a resilient cord 9, and an engaging member 83. As illustrated in Fig. 9, the engaging member 83 includes a snapping member 831 on an end thereof ~~[[fore]]~~ for releasably engaging with the hole 821 of the loop portion 82 of one of the attachment members 8. The attaching member 83 further includes a hook 832 and a resilient plate 833 on the other end thereof, allowing the attaching member 83 to be releasably engaged with, e.g., a ring (or a fixed object, not shown) fixed to a wall or the like. Thus, the user may use the pull exerciser having only one handle 6 with one or two hands.